## "Hello Gütersloh – Hello World"

## Birth helpline service at the maternity clinic of Sankt Elisabeth Hospital

The start of family life can be turbulent and overwhelm young parents. This does not have to be the case, because a wide variety of services can make everyday life easier in this new life situation. The birth guide service, a cooperation between the city of Gütersloh, the Social Service of Catholic Women (Sozialdienst katholischer Frauen, SkF) and the Sankt Elisabeth Hospital, offers families an initial orientation while they are still in the birth clinic. During her visits to the maternity ward, the birth guide informs the parents-to-be and new parents about the wide range of support for families with babies and toddlers in Gütersloh and, if necessary, can pick out and arrange suitable individual services.

The counseling service is free of charge. The birth guide advises new parents confidentially and, if necessary, in various languages such as Kurdish, Turkish and English.

## **Contact person:**

Aysel Jaeckel Pedagogical specialist as birth guide Appointments for counseling sessions in the clinic Monday: 9:00 a.m. to 12:00 p.m. Thursday: 2:00 p.m. to 5:00 p.m. Outside of counseling hours, you can also reach Ms. Jaeckel by e-mail: A.Jaeckel@skf-guetersloh.de Phone: 0151-706 133 48